

Therapeutic Massage Essential Functions

In accordance with Southern Union State Community College Policy, when requested, reasonable accommodations may be provided for individuals with disabilities. All items are necessary for program admission and for the provision of safe and effective care. The essential functions include but are not limited to the ability to:

1. Mobility
 - a. Have physical stamina to stand and walk for 8 hours or more in a clinical setting.
 - b. Can stand on both legs, move from room to room, and maneuver in small spaces.
 - c. Function with full use of hands while performing massage. ***Physical disabilities must not pose a threat to the safety of the student, faculty, or clients.***
2. Flexibility
 - a. Can bend the body downward and forward by bending at the spine and waist. ***This factor requires full use of lower extremities and back muscles.***
 - b. Can flex and extend all joints freely.
3. Strength
 - a. Can raise objects from a lower to a higher position or move objects horizontally from position to position. ***Requires the substantial use of the upper extremities and back muscles.***
 - b. Possess mobility, coordination, and strength to push, pull, or transfer heavy objects.
4. Fine Motor Skills and Hand/Eye Coordination
 - a. Possess manual dexterity, mobility, and stamina to perform CPR.
 - b. Can seize, hold, grasp, knead, stroke, percuss, turn and otherwise work with both hands.
 - c. Can pick, pinch, or otherwise work with the fingers.
5. Auditory Ability
 - a. Possess sufficient hearing to assess client's needs, follow instructions, and communicate with others, as well as respond to audible sounds of equipment. **(Please comment if corrective devices are required.)**
6. Visual Acuity
 - a. Possess the visual acuity to read, write, and assess the client and the environment. **(Please comment if corrective devices are required.)**
7. Communication
 - a. Possess verbal/nonverbal and written communication skills adequate to exchange ideas, detailed information, and instructions accurately.
 - b. Read, write legibly, and comprehend the English language.
8. Interpersonal Skills
 - a. Able to interact purposefully and effectively with others.
 - b. Able to convey sensitivity, respect, tact, and a mentally healthy attitude.
 - c. Oriented to reality and not mentally impaired by mind-altering substances.
 - d. Able to function safely and effectively during high stress periods.

I have reviewed the Essential Functions for this program and I certify that to the best of my knowledge **I currently have the ability to fully perform these functions.** I understand that further evaluation of my ability may be required and conducted by the Therapeutic Massage faculty if deemed necessary to evaluate my ability prior to admission to the program.

Applicant Signature

Print Name

Date