



**Wellness and Therapeutic Massage  
Associate in Applied Science**

(Must apply to Therapeutic Massage Program to Pursue Degree)

Semester	Course Prefix and Number	Course Description	Credit Hours	Area
1	ENG 101	English Composition I	3	I
	*BIO 111	Survey of Human Biology	4	III
	MSG 101	Intro to Therapeutic Massage	3	V
	MSG 102	Therapeutic Massage Lab I	3	V
	MSG 104	Musculoskeletal & Kinesiology	3	V
		Semester Total	16	
2	ENG 102	English Composition II	3	I
	*IDS 102	Ethics (Preferred) or Fine Arts or Humanities Elective	3	II
	HED 226	Wellness	3	V
	MSG 202	Therapeutic Massage Lab II	3	V
	MSG 204	Musculoskeletal & Kinesiology II	3	V
	MSG 105	Therapeutic Massage Clinical I	2	V
	Semester Total	17		
3	PSY 200	General Psychology	3	IV
	HED 221	Personal Health	3	V
	HPS 116	Complementary and Alternative Therapies	3	V
	MSG 203	Pathology	3	V
	MSG 205	Therapeutic Massage Clinical II	2	V
	MSG 201	Massage for Special Populations	2	V
	MSG 206	National Certification Exam Review	1	V
	Semester Total	17		
4	MTH 110	Finite Mathematics or Higher	3	III
	HEC 140 or PED 224	Principles of Nutrition	3	V
	HED 231	First Aid	3	V
	PED 100	Fundamentals of Fitness	3	V
	PED 223	Methods of Instruction	3	V
		Semester Total	15	
Total Hours			65-69	

**Therapeutic Massage Short Term Certificate – 29 Hours**  
**Wellness Short Term Certificate – 21 Hours**

NOTE: Classes may be taken in any semester if prerequisites are met. All courses in the curriculum must be completed with a grade of C or higher.

\*Students that have completed BIO 201 and BIO 202 with a grade of C or higher are not required to take BIO 111.

\*Any approved Fine Arts or Humanities Elective will be accepted.



**THERAPEUTIC MASSAGE**  
**CTE Short-Term Certificate**

Course Prefix and Number	Course Description	Credit Hours	Area
MSG 101	Intro to Therapeutic Massage	3	V
MSG 102	Therapeutic Massage Lab 1	3	V
*BIO 111	Survey of Human Biology	4	V
MSG 104	Muskuloskeletal & Kinesiology I	3	V
MSG 202	Therapeutic and Massage Lab II	3	V
MSG 204	Muskuloskeletal & Kinesiology II	3	V
MSG 105	Therapeutic Massage Clinical I	2	V
MSG 203	Pathology	3	V
MSG 205	Therapeutic Massage Clinical II	2	V
MSG 201	Massage and Special Populations	2	V
MSG 206	National Certification Exam Review	1	V
	<b>Total Hours</b>	<b>29</b>	

\*Students that have completed BIO 201 and BIO 202 with a grade of C or higher are not required to take BIO 111.

**WELLNESS**  
**CTE Short-Term Certificate**

Course Prefix and Number	Course Description	Credit Hours	Area
HED 226	Wellness	3	V
HED 231	First Aid	3	V
PED 100	Fundamentals of Fitness	3	V
HPS 116	Complementary and Alternative Therapies	3	V
HEC 140 or PED 224	Principles of Nutrition	3	V
HED 221	Personal Health	3	V
PED 223	Methods of Instruction	3	V
	<b>Total Hours</b>	<b>21</b>	