



SOUTHERN UNION
STATE COMMUNITY COLLEGE

HEALTH AND WELLNESS

BabySitting 101

This course can be tailored to meet the needs of any group such as Girl Scout Troops, Boy Scout Troops, church groups and other various organizations.

When: When an agreed upon date and time is decided between the requesting group and Amy Rogers the Health and Wellness Coordinator at Southern Union.

Time: This is a 5 to 8 hour course depending on the needs of the group.

Where: Southern Union Health Sciences Building Room or alternate agreed upon location

Who: Anyone Ages 13-18

How: Email Amy Rogers (arogers@suscc.edu) or call 334.745. 6437 ext: 5530 and leave a message.

Cost: \$40 per student

Included: Heartsaver CPR Certification Card, Heartsaver Book and BabySitting 101 Certificate of Completion

Topics Covered:

- Adult/Child/Infant CPR
- Adult/Child/Infant AED
- Adult/Child/Infant Choking
- Injury Prevention
- Childcare Essentials
- First Aid
- Marketing Yourself